

Nutrition Facts

Serving Size: 2 softgels
Servings Per Container: 90

Per serving (2 softgels)

Fish oil	1000 mg
of which EPA	180 mg
of which DHA	120 mg
Vitamin E	5 mg (42 % RI*)

*Reference intake of an average adult (8400 kJ/2000 kcal)

LOT/EXP



BodyWorld
PERFORMANCE NUTRITION



ESSENTIAL OMEGA-3

FISH OIL FOOD SUPPLEMENT

300 MG EPA/DHA

1000 MG FISH OIL

124 g e
180 SOFTGELS

EN

Essential Omega-3 is a food supplement with fish oil concentrate and vitamin E.

EPA and DHA contribute to the **Normal Function Of The Heart**. Besides, DHA contributes to maintenance of **Normal Brain Function** and **Normal Vision**. Beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA. **Vitamin E** contributes to the protection of cells from oxidative stress.

Ingredients: Fish oil, capsule (gelatine, glycerol, purified water), vitamin E (D-alpha-tocopherol). **Allergens:** For allergens, see ingredients in **bold**. **Suggested use:** Take 2 softgels 2-3 times a day. **Important informations:** Food supplements do not replace a balanced nutrition and healthy lifestyle. Do not exceed the recommended daily dose. Store tightly closed between 5-25°C. Keep out of reach of children. Keep away from direct heat, moisture and sunlight. **Best before:** See side or bottom.

BodyWorld
PERFORMANCE NUTRITION

Manufacturer / Hersteller / Výrobca:
BIO 5, s.r.o., Ružová dolina 6,
821 08 Bratislava, Slovakia, BodyWorld.eu

