

## Nutrition Facts

Serving Size: 1 softgel

Servings Per Container: 90

Per serving (1 softgel)	
<b>Fish oil</b>	1000 mg
of which EPA	180 mg
of which DHA	120 mg
<b>Vitamin E</b>	12 mg (100 % RI*)
<b>Vitamin D</b>	50 mcg (333 % RI*)
<b>Vitamin K</b>	50 mcg (42 % RI*)

\*Reference intake of an average adult (8400 kJ/2000 kcal)

LOT/EXP



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# ULTRA+D3K2 OMEGA-3

## FISH OIL FOOD SUPPLEMENT

550 MG EPA/DHA

2000 UI VITAMIN D3

50 MCG VITAMIN K2

126 g<sup>e</sup>  
90 SOFTGELS

EN

**Ultra+D3K2 Omega-3** is a food supplement with fish oil concentrate enriched with vitamins E, D3 and K2.

EPA and DHA support **heart health**. DHA supports **brain and vision health**. Beneficial effect is obtained with 250 mg of EPA and DHA daily. **Vitamin E** protects cells from oxidative stress. **Vitamin D** aids calcium absorption, bone health, muscle function, and immune support. **Vitamin K** supports blood clotting and bone health.

**Ingredients:** Fish oil, capsule (gelatine, glycerol, purified water), vitamin E (D-alpha-tocopherol), vitamin K, vitamin D.

**Allergens:** For allergens, see ingredients in **bold**.

**Suggested use:** Take 1 softgel 2-3 times a day. **Important**

**information:** Food supplements do not replace a balanced nutrition and healthy lifestyle. Do not exceed the recommended daily dose. Store tightly closed between 5-25°C. Keep out of reach of children. Keep away from direct heat, moisture and sunlight. **Best before:** See side or bottom.

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